



Give out the **safe and unsafe secret cards** to each table and ask the children to work as a group and decide if they think the children's secrets are safe or unsafe.

Secret cards include:

1. Fara's mum has just found out she is pregnant, she has told Fara but doesn't want everyone to know yet.
2. Lucy tells her little sister that she will pull the head off her favourite doll if she tells their mum that Lucy hurt her.
3. Jay's dad has been shouting at his mum a lot lately, when he does Jay feels scared.
4. Autumn sometimes likes to touch herself when she is in the bath, it feels nice.
5. Brian's uncle likes to wrestle with him, sometimes he pins Brian down and touches Brian's private parts. His uncle told him that his mum would be upset if he tells her.
6. Dylan has bought chocolates for a girl he really fancies, but hasn't told anyone.
7. Brian has found out he is going to Disney Land in the summer holidays but his mum has asked him to keep it secret from his little brother.
8. Lucy has told Autumn who she has a crush on, it is another girl.

Discuss with the class whether they think each scenario is a safe or unsafe secret and their reasons why, as part of the debrief ask the children why they think some secrets might be unsafe. What might happen?

Be aware that for some children in class Jay's and Brian's scenarios may reflect their own experience, be mindful and be prepared for any disclosures.

Use the opportunity to remind the class that Autumn's behaviours are perfectly acceptable. Private activities can take place in private places.

There are also rules about touching yourself too.

Now lots of people like to tickle or stroke themselves as it might feel nice. They might play with their hair, stroke their skin or they may even touch their private parts. This is really very normal. However, some people may get cross or say that it is dirty especially when you touch your own privates. This is strange as it is really very normal however, it is not polite to do it when other people are about. It is something we should only do when we are alone, perhaps in the bath or shower or in bed, a bit like picking your nose, it is certainly not polite to do in class when everyone is watching. Private activities in private places.

Remember no one else should touch your private parts.